

## **Working with the NHS Northwest Innovation Agency May 2023**

The May meeting of the Patient and Public involvement Senate hosted two speakers.

The first talk was about KiActive® ( <https://kiactiv.com/> )

This is a digital physical activity hub, with the aim of bringing about self-care for rehabilitation using an online mentor to create a plan of activities best suited to someone's own personal needs. Activity can be measured via an activity monitor from which the data can be uploaded to the KiActive® app.

The system is aimed at the NHS, but some Trusts are unable to pay the costs involved, in which case patients are asked to self-fund to use it.

The second talk was about Liberate Pro™ ( <https://liberate.com/liberate-pro-product/ch> ) is an app for supporting clinical consultations. The consultation can be recorded and then a link to the recording can be sent to the patient via email. The advantage of this is that the patient may well not recall everything that was said during the consultation and they can play the recording as many times as they like. There is also advice on disease management which can be downloaded by the patient.

The Patient Safety Ambassadors met later in the month.

There was a demonstration of the Breathing Point website which is now nearing completion. It is aimed at patients in Cheshire and Merseyside who have one or more lung conditions. The website offers a comprehensive range of information and advice and is well worth a look. <https://breathingpoint.co.uk/>

We then were asked to review two potential patient surveys which had been submitted to the Innovation Agency for comment. It was felt that both needed significant modification to make them user-friendly, so we will probably look at them further at a future date.

Julia Bate

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