

# u3a

Aughton  
and Ormskirk

*Magazine*

Volume 19 ~ No 2  
September 2022



A QR code to the u3a website



# Memories of our Queen

OUR u3a received the prestigious Queen's Award for Voluntary and Community Service in 2008. The photograph below shows the thirty who went to County Hall, Preston, to receive the award from the Lord Lieutenant, Lord Shuttleworth. We could now proudly display the logo you see on the right.

**Sue Watkinson** recalls the event: "We were all so proud and pleased to be in County Hall, Preston. The Lord Lieutenant was splendid in his black, gold and red uniform, representing the Queen at this special event in Lancashire."

The splendid engraved glass trophy sits in a hand made, illuminated wood and glass case in the Scout & Guide HQ. The Award recognises the contribution of voluntary organisations to community development.

Alex and Kath McMinn and Doreen and Ted Morrell were also invited to a Garden Party at Buckingham Palace.

We were all thrilled when Alex received a well deserved personal MBE in the Queen's Birthday Honours list.



**The Queen's Award  
for Voluntary Service**



**Elizabeth the Second,**

By the Grace of God of the United Kingdom of Great Britain and Northern Ireland  
and of Our other Realms and Territories Queen, Defender of the Faith, to

*Angilton Drans Kirk University of 3rd Age*

*Providing opportunities for older people  
to pursue active retirement through social  
and recreational activities.*

Greeting!

We being cognisant of the said group's outstanding voluntary work in the community,  
and being desirous of showing Our Royal Favour do hereby confer upon it:

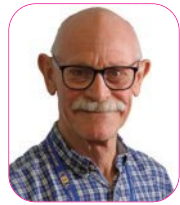
**The Queen's Golden Jubilee Award  
for voluntary service by groups in the community 2008**

for such period as the group continues to provide its current service and do  
hereby give permission for the authorised emblem of the said Award to be  
displayed on the group's letterhead and other public material.

Given at Our Court of Saint James's under Our Royal Sign Manual this  
second day of June 2008 in the fifty-seventh year of Our Reign.



# Our Chairman reports



PHEW! what a Summer this has been with record temperatures and sunshine from dawn to dusk, I hope you like me have taken every opportunity to make the most of it, but alas all good things come to an end and Autumn is upon us with shorter days and a bit more rain than we have been used to of late.

October saw the start of our new membership year and I am pleased to report that we currently have 1600 members, so I would urge you all to renew again so that your u3a can continue to prosper and move forward with ever changing situations.

During the year we were very excited when Alan Cross became our 5000th member ~ a milestone indeed. (*see pg 16*)

As usual our social committee have been very busy organising events, the Queens Platinum Jubilee Dance at Aughton Village Hall in early Summer was a sell out and enjoyed by all who attended.

They are currently organising an inter group quiz night and planning for the Christmas Lunch in December. So a big thank you for all your hard work and I

hope everyone will carry on supporting these events.

This year has seen changes to our Constitution. We now have only one level of management and all members of that committee have become Trustees of our u3a.

I would like to welcome all new members and say thank you to the members who are leaving for all their efforts over the years.

**JOHN TOMLINSON**

Chair, Aughton & Ormskirk u3a

## Future Magazine Distribution

**YOU will have received this u3a Magazine by post. Unfortunately, postage costs have been rising. Alternative methods have been tested but involve much time and effort, so the Management Committee has decided on a trial basis that provides you with the following options for accessing your Magazine next time round:**



- ***Come along to Horizons and pick up a Magazine***
- ***Ask a friend or a member of a Group you attend to pick up one for you***
- ***Access the on-line version of the Magazine from the u3a Website***
- ***Provide a stamped addressed envelope for the Magazine to be posted to you***
- ***Let the Membership Team know if you no longer wish to receive a Magazine***

## Groups Schedule

**YOU will find, enclosed with this magazine, a printed Groups Schedule. This lists all the activity groups, showing where, when and how frequently they meet as well as who to contact if you are interested in joining the group.**

The Schedule is correct as of September 2022, but is subject to change from time to time. To see the latest version, you can look on the website or come along to Horizons to pick up a printed copy.



# Secretary's Report

WELL here we are in 2022 and still a thriving **u3a** offering a variety of activities to keep us all busy and active.

As 2023 is our 20th Anniversary we can congratulate ourselves on being a strong organisation looking forward to a successful future. Aughton & Ormskirk **u3a** intend to celebrate this event and more information will be available in the next magazine.

I ended my term of Office at our 2022 EGM and we have a new Secretary, who has been attending our Thursday coffee

mornings at Horizons so by now quite a few members will be familiar with her.

**Sheila Kierans** will be an asset to the Management Committee I am sure, and will be available at our weekly Horizons should any member have a query or need a little help.

So it's goodbye from me. I have thoroughly enjoyed my time as Secretary and will still be around and about on Thursday mornings if needed.

Thanks to everyone for their support.

**MEGAN TOMLINSON**



Our 15-strong Recorder Group played in the Great Hall at Rufford Old Hall in May. During their two-hour performance, they played old music, mostly from the Tudor and early Stuart period. Visitors to the hall were entertained with dances, love songs and laments. Voices and a drum gave variety to the selection.

We were delighted, firstly to hear little ripples of applause as we finished each piece, and secondly to have been invited to play again in the Great Hall. The acoustic was particularly good, the sound bright and clear.

The Recorder Group welcomes any members with a modicum of experience of playing and reading music. Our ability range is vast but our level of enjoyment is limitless. Playing music with others banishes all negative emotions. Reading, blowing, listening, all at the same time allows no time for anxiety or worry.

# Thursday Horizons

OUR weekly Coffee Morning takes place every Thursday at the Scout & Guide HQ from 9.30am, where members old and new gather for a hot drink and biscuits provided by a team of members on a rota basis. It is an opportunity to chat to old friends, make new ones and learn about the latest events being planned by our many different groups.

You can join or renew your membership at the Membership desk, book tickets for concerts, day trips and social events, browse the book and hand-made card stalls and get advice and help with your digital camera, computer or smartphone. Group Leaders are able to pay in takings from meetings to the Treasurer.

Once a month, usually on the first Thursday, there is a Speaker Meeting at 11.00am and occasionally we have Guest Visitors who can offer information and advice on different topics.

The Welcome Desk is staffed every week by volunteers who will assist with any questions you may have. If you haven't been to Horizons before, have a word with them and they will be happy to answer queries or put you in touch with someone who can help. Various members of the Management Committee and the different Sub-Committees are usually around and happy to chat.

We are always looking for volunteers to join the different teams who make Horizons happen every week. If you might be interested, please speak to a member of the Committee.

# Speaker Meetings

SPEAKER Meetings take place on the first Thursday of the month (with the exception of Dec-Jan and July-August) at our HQ, at 11.00am, after Horizons. There is no charge for admission and talks last approximately an hour.

On **9th June** David Hearne gave a detailed and fascinating account of the life and achievements of Sir William Brown. William was born in Liverpool but moved with his family to Baltimore, then returned to Liverpool in 1810 and married his wife Sarah. They had 9 children, and William outlived all of them. William's interests covered shipping, banking and railways, and by 1836 he was turning over £10 million a year. \$1 in every \$6 of US overseas trade was handled by William Brown's companies.

On **1st September** a large audience gathered to hear Roger Blaxall speak about his interesting and exciting career as Public Relations Officer for Greater Manchester Police and also Lancashire Constabulary. In a very entertaining talk we heard about the Constable who stole cars to pay off his £58,000 gambling debt, the Sergeant who smuggled drugs to India whilst claiming to make monthly visits for specialist back treatment, and the Detective Sergeant whose strippergram party was covertly filmed and sent to the News of the World.

*Remaining talks for this year:*

**6th October:** Mike McKenna, Invictus Games. **3rd November:** Philip Caine, From Barrow to Baghdad.



## Local History



● Local History group leader Margaret Gibbon, seen in the 'stocks' at Waddington, during a recent trip to the Forest of Bowland and the Ribble Valley. Below, a few of Margaret's 'motley crew'. Right: Harry Lally and Doreen McGiveron enjoy a well deserved ice cream.





# Church History group visits beautiful Beverley

ORGANISER **Peter Gately** writes: “Hurrah, at last! On August 16th, our coach left the Mission at Four Lane Ends bound for Beverley Minster, far to the East, almost on the Yorkshire coast.

Delayed from the original 2020 plan and then again from the re-arranged June date of this year, our journey (*at around 120 miles*) was just about on the limit of what could be done for a day-trip and slightly daunting for the organisers.

“We arrived in the pleasant town of Beverley just in time for lunch and we dispersed to find refreshments with some members also managing to fit in a quick visit to St Mary’s, the other marvellous medieval church in town.”

**Lorna McDade** takes up the story.

“St Mary’s has an ornate chancel ceiling with depictions of (mostly) ancient kings of England.

In 2020 new figures, representing famous women and the chronicles of Narnia, replaced worn carvings on the nave walls on the exterior.

“We then assembled inside the Minster for a talk by **Brian Farrimond** on the

history of this magnificent building. It was founded in the 8th century by St John of Beverley, who was later buried within its precincts, and it became a place of pilgrimage. This led to its wealth and

prestige, enabling the canons to build this very large church, greater in length than eight of our cathedrals.

“After this we split into two groups, one with Pete Gately, who explored the nave and toured the exterior features, the other with **Peter Hatfield**, looking at the chancel and the transepts.

“Despite the weather forecast which direly predicted rain and possible

thunderstorms, the only rain we encountered was on our return journey on the top of the Pennines.

“A fascinating and informative day out for which our thanks must go to the two Peters and Brian for their hard work in the organisation and the amount of time spent in preparing their knowledgeable talks.”

**Peter Gately** concludes: “A long journey, but well worth it and we were back home in time for tea!”



# Jubilee Celebration



## Line Dancing

● *The Line Dancing group celebrated the recent Queen's Jubilee in great style.*



## Occasional Day Trips

THE group had a lovely trip to Morecambe and Leighton Hall in May. The sun shone for us and the wind blew ~ but not too strong. We started with morning refreshments at the famous Midland Hotel, a walk down to the jetty, and back to say hello to Eric Morecambe (*see left*) ~ then time to board the coach again.

From there a journey to Leighton Hall where we were given a guided tour and the history of the house and family ~ which was fascinating. Following that, some of us had tea and cake or took a walk in the walled garden until the owls were ready to show us what they could do.

Back home at a nice time around six o'clock. A good day was had by all!

**CATHLEEN BARNES**



# Gold medal for Colin



U3A member **COLIN RUSS**, is the treasurer of the South Lancashire Group of the Alpine Garden Society. Together with the Secretary and Chairman, he designed a display of Alpine plants in troughs and other containers for the 2022 Southport Flower Show, and they were displayed in the Society's tent.

All the troughs were made from old polystyrene boxes, slightly 'distressed' with a heat gun and painted with masonry paint to give a stone effect. Of course this had the added benefits of greatly reducing the weight and also re-using waste materials!

They had a publicity table next to the display to promote their local group and the society nationally. Colin spent most of the first day of the

Flower Show chatting with members of the public about alpines, polystyrene troughs, gardening in general and life.

He also had a celebrity visitor ~ TV Gardener Christine Walkden who they chatted to ~ an extremely down to earth and honest, straight talking woman. There again she's a northerner too.

Colin spent the Monday before the show setting up the stand, together with several members of the society, and had to return the next afternoon and evening as most of their background pictures had fallen down . . . Panic!

Anyway, all was resolved and he was extremely pleased to be awarded a Gold Medal for their display.

Well done Colin!



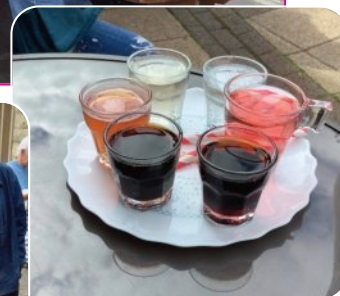
# Beer Appreciation visit the East Lancashire Railway

OUR Beer Appreciation Group visited the East Lancashire Railway . . . and even ended up in Britain's last remaining Temperance Bar and had non alcoholic shots! They are looking for new recruits to join the group, as numbers are down to the effects of Covid. A super friendly group, they visit a different town or city every month. It's a great day out . . . having a drink of beer, tea, coffee or non alcoholic drink is just a small part of the fun activity.

Please contact Barry on [barryjcarr@gmail.com](mailto:barryjcarr@gmail.com)



● A nice tribute was placed on the loco for HM The Queen.



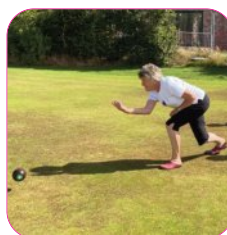
● The selection of 'non-alcoholic drinks' at Fitzpatrick's.



# The Monday Bowlers!



● *Our Monday bowlers pictured recently on their Dog & Gun green.*



**Crown Green Bowling** is always popular with our u3a Members.  
We are fortunate to be able to offer a good number of sessions at local Bowling greens, and we have two venues.

Days vary per green and times vary per green.

Contact either of the Leaders if you would like to join.

Venue: **Dog & Gun, Long Lane, Aughton.** Mondays and Thursdays at 1.30pm

Leader: **Yvonne Thomas** - 01695 573230

Venue: **Ormskirk Bowling Club**, behind Ormskirk Cricket Club field, Altys Lane  
Mondays and Fridays at 1.00 pm

Leader: **Graham Finegan** - 01695 578572



# It's our 20th bir

IN THE beginning, there were three wise men. **Alex McMinn, Ted Morrell** and **Jeff Roberts**. All had come to the end of busy, professional lives and all were determined that retirement should offer more than shopping, the odd lunch out and pottering in the garden.

## 2003

**Alex McMinn, our President and founding Chairman, muses on the events that led him to establish our u3a.**

Thirty years, after a career in international medicine followed by establishing a medical education company in the U.K. with his wife, herself an educationist, he contemplated retirement. He searched for a voluntary association of retired local people who would share with him their experiences. He would ask what they were doing to make their retirement meaningful. He found many were bored, lonely or

## A timeline of how we got here

experienced declining self worth. Wherever he went the question was always the same. "What are you doing with yourself?"

He met a retired Haematologist from Norway, who had married an Ormskirk lady, bored with his experience; a retired Vice Chancellor bored with 'shopping'; a retired director of a clothing company. All felt their lives had become meaningless.

Out of all the encounters, he met a former colleague from Liverpool University

● Members may be interested to see the front covers of just a quarter of the magazines we have produced. I have been involved since 2004. In 2005 we could afford 'full colour' on the front cover and centre pages. Then 'full colour' on all 20



2003



2004



2005



2006



2007



2013



2014



2015  
12



2016



2017

# thday next year!

at the christening of his grandchild. Same old question: "What do you do with your time?" The reply, "I've found the U3A in Hull and it's really great."

Next day the news was shared with **Jeff Roberts** and **Ted Morrell** and in no time they found scores of people willing to share their life experiences.

*Posterity will gain in the longer life from the initiative.*

It so happened that an organisation called The University of the Third Age, founded in 1982 in the UK, was becoming more prominent as it developed nationwide. Together they found out all they could about the purpose and structure of u3a.

pages followed in 2006. There were usually four issues per year with a different colour cover for each one. Since 2021 we have been down to A5 size; but you never know, with a little luck, we may be up to A4 again one day! **Bill Evans, Editor and Designer**

They found that retired people would benefit socially, mentally and physically by continuing to learn in an informal and pleasant way. That these local organisations could be run by their members and sustain themselves financially. u3as already existed in and around Sefton and Merseyside and were doing well. Self-help was the mantra and they determined to set up a u3a in Aughton and Ormskirk.

**Ted Morrell** writes: 'Alex, who lived and lives locally, concentrated upon drumming up local interest. I began contacting u3a nationally and locally to find out what needed to be done. Jeff was the Scout Leader with a 'new building to fill.' After some months of research and discussion, a decision to test the waters was made.

**Jeff** remembers: 'The S&G HQ was



● **Continued on page 14**



2008



2009



2010



2011



2012



2018



2019



2020



2021



2022



booked for an open meeting in May 2003. Alex trudged the streets delivering numerous invitations and the meeting was well

attended with 40 plus people attending and signing up for a annual subscription of £5.00.

It was important to demonstrate that **u3a** was non-political and with no religious affiliations. Thus the first Working Party, then the first Committee, drew on men and women from all walks of life with experiences to match.

**Ted** explains who was involved. 'Alex was chair, me as secretary, Jeff as treasurer (*he wanted to be paid rent!*), Roy Baxendale as membership secretary, Dorothy Harrison, Joan Colquitt, Doreen McGiveron, Norman Platt and Alan Worthington. Each one agreed to set up at least one activity group.'

**Sue Watkinson** says: 'The early newsletter was a simple sheet of A4, filled both sides with forthcoming activities. As these became more numerous the type became smaller until four pages were needed. Membership grew, groups filled and new ones were developed.'

Regular coffee mornings, established on Thursdays, were titled '**Horizons**' to illustrate the vision of the organisation.

As numbers grew, (*80 plus by July 2003*) it became apparent that this was an organisation that had a future, so a formal Launch Meeting was planned and held on 2nd October 2003 with a very special speaker ~ a clown by the name of Arthur Pedlar. He gave a memorable talk as he changed himself from a businessman to 'Vercoe' the world famous clown.

It will surprise today's members that Christ Church was filled with 250-300 members and friends on 'Speaker Meeting' day each month..

By the time of our first AGM in early March 2004, membership had grown to

370 with 20 active groups. The accounts showed an Income of £2,326 and Expenditure of £2,290, a surplus of £36.00, a far cry from current figures.

By May 2004 'Horizons' had become a weekly event. Membership continued to grow and was touching 500. Jeff remembers that some members thought we should close the books and put people on a waiting list!

Thus in one year a self-help Charity had been formed and registered with Third Age Trust (*our parent body*) and the Charity Commission. All this through the efforts of a Committee which had grown to 17 member and a band of some 40 plus group leaders/coordinators.

At five years (*2008*) our birthday was celebrated in fine style with a week long exhibition in the Scout HQ. The walls were lined with posters illustrating the huge variety of group activities and there was an activity each morning and afternoon to which all members and visitors were invited. The week ended with a show in Aughton Village Hall. At 10 years the celebrations went out into the community with a litter pick in Ormskirk, and a promotional event. And now we look forward to a 20th anniversary, surely a time for special celebrations. What shall we do? Ideas please.

**Sue:** "I'm member 417. I assembled the thoughts of the founders. (*I didn't write it all myself.*) Ted Morrell used to talk about 'Friends we have yet to meet' and that is what I most treasure about belonging to **u3a**. I have met and made so many good friends in the last 19 years. I've done things I thought were behind me or beyond me, enjoying holidays, doing something new, returning to old hobbies, helping with the magazine, becoming a trustee. Our **u3a** can be whatever its members want it to be, the future is as yet unwritten. Why not help to craft the next chapter?"



# HEO Group visit Sefton Park and Knowsley Safari Park

OUR 'Helping Each Other Group' went for a 'singalong' on a March afternoon at the Palm House in Sefton Park. Approximately twenty members went and enjoyed tea and cake. Stella Potter, over 90, even stood up and danced along with us. They also visited Knowsley Safari Park in June and had a

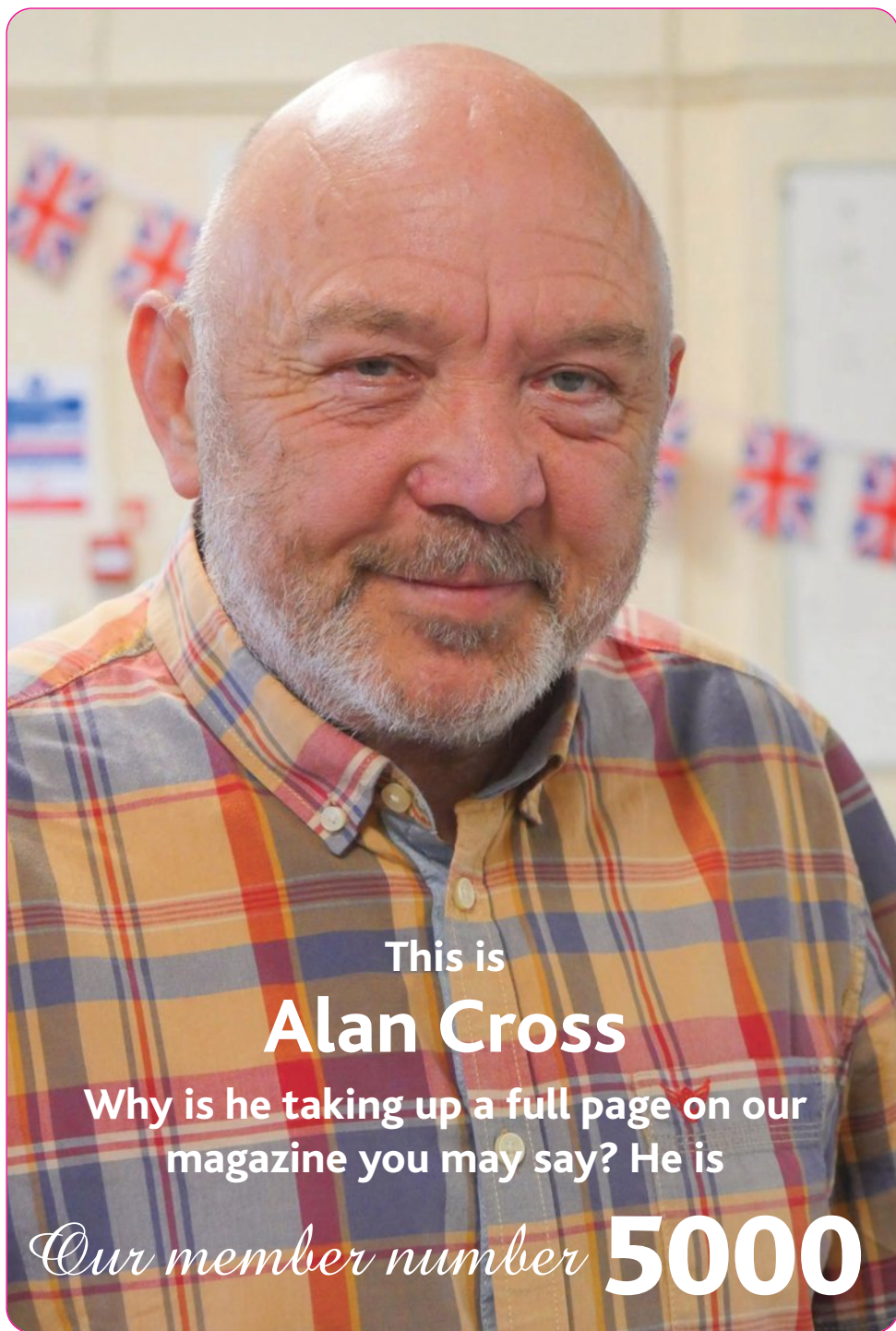
great time. Two sleeping lions are seen pictured here.



Seen below are left to right: **Pauline Rigby, Irene Bolton, Eva Little, Dorothy Murphy, Irene Consett, Jeanette Lupton and Sheila Buchan.**

**Stella Potter** and **Lorna King** are pictured in the bottom photograph.





This is  
**Alan Cross**

Why is he taking up a full page on our  
magazine you may say? He is

*Our member number* **5000**

# Vegan Lunch

THE Social Committee organised a Vegan Lunch on a glorious day in mid-March, served to members by caterers, Gracious Grub of Skelmersdale. Having never really thought about vegan food before now, I was a little apprehensive, but was anxious to try something new, and I wasn't disappointed.

We enjoyed a three course meal with tea/coffee at the end, every single item plant based. Starter was a crisp salad with a Lancashire Roll, a vegan version of sausage with all the texture and flavour of the meat equivalent. Then a main of vegetable stew with jewelled couscous, sweet and sticky caramelised onions and roasted cauliflower. Seasonings were

subtle and, on our table, all the plates were polished clean.

Pudding was cake with vegan versions of cream, all varieties being quite delicious. All in all, a pleasant way to spend some time with friends in the relaxed setting of St. Michael's church hall; and many thanks to **Paul Andrews** and his team.

● *Our photo shows Paul and the catering team, led by Lucy of Gracious Grub.*



F	M	M	H	N	A	X	L	P	E	Q	C	O	X	E	Y	E	D	A	I	S	Y	S
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V	Y	Q	R	E	Q	P	X	S	H	Q	W	E	G	W	T	Y	C	Z	I	A	Y	M
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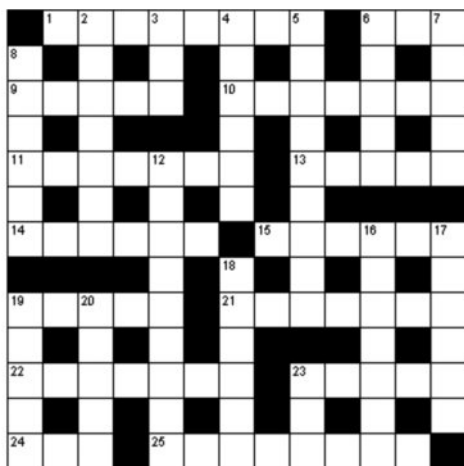
## Word Search

**Plants can be up, down, left, right, or diagonal**

Buttercup, Calendula, Chrysanthemum, Delphinium, Geranium, Hydrangea, Impatiens, Kale, Lily of the Valley, Loveinamist, Michaelmasdaisy, Oxeyedaisy, Penstemon, Phlox, Poinsettia, Quince, Rhododendron, Thrift, Viburnum, Winterjasmine



## A Crossword for you



### ACROSS

- 1 Diplomatic etiquette (8)
- 6 Doleful (3)
- 9 Leave undisturbed (3,2)
- 10 Enclose (7)
- 11 Letter (7)
- 13 Root vegetable (5)
- 14 Dealer (6)
- 15 Abhorrence (6)
- 19 Dark brown fur (5)
- 21 Idealist, visionary (7)
- 22 Fashionable (1,2,4)
- 23 Twilled fabric (5)
- 24 Drunkard (3)
- 25 Stretched (8)

### DOWN

- 2 Greek Wine (7)
- 3 Fasten (3)
- 4 Rode a bike (6)
- 5 Scenic picture (9)
- 6 Digging tool (5)
- 7 Duffer (5)
- 8 Customer (6)
- 12 As a result (9)
- 16 Penitence (7)
- 17 English county (6)
- 18 Period before Christmas (6)
- 19 Heavenly bodies (5)
- 20 Brute (5)
- 23 Male child (3)

*Answers on  
page 20*

**For new members, Horizons is our weekly meeting from 9.30 on Thursday mornings at the Scout & Guide HQ, Long Lane, Aughton. We have a wonderful book stall and its only 50p for endless tea, coffee and biscuits.**

## A Puzzle from Derrick

ANNE, Barbara and Carol have been dropped off at the u3a HQ. There was a misunderstanding. The ladies really needed to be at Aughton Village Hall (AVH).

Derrick happened to be passing and heard about their dilemma. He offered to drive them to Aughton Village Hall. Rather inconveniently for the ladies, Derrick recently blew his pension pot on an Audi TT and only has one passenger seat.

Unfortunately, due to tension arising from recent incidents that need not be described here, Anne cannot be left alone with Barbara. Also, Barbara cannot be left alone with Carol.

What sequence of car trips did Derrick make to get the ladies from the u3a HQ to AVH while avoiding an incident at either venue?

Hint: check your answer as you go along by listing the trips and noting who is at what venue after each of those trips.

**DERRICK FEWINGS**

*Derrick's answer is on page 20*

## Membership

EXISTING Members can renew their membership online using the Beacon membership renewal system or by downloading the Membership Renewal Form.

You can complete a form and send it to the address on the form with a cheque and a stamped, self-addressed envelope. Cheques should be made payable to Aughton and Ormskirk u3a.

Alternatively you can take the completed form to Horizons on the First or Third Thursday of any month, 9.30-11.00 at Christ Church Scout and Guide HQ.

# Creative Writing Group



Leader Joan Potter (centre front) and the entire Creative Writing Group, Liz Dixon, Judy Ingman, Ann Henders, Mike Howard, Mike McKenna, Sue Watkinson and new member Jillian Riddoch, after their September meeting when the topic of their writing was 'Obituaries'. Some truly creative items were shared during the afternoon. The Group meets on the 2nd Monday at 2.00pm in the Scout & Guide HQ. If you like the idea of writing fiction (or fact), poetry or prose, then do come and join us.

## Our Musical Theatre group present 'The Magic of the Movies'

We are proud to present on **Friday, 11th November** at 7.30pm, and **Saturday, 12th November** at 2.30pm and 7.30pm, **'THE MAGIC OF THE MOVIES'** at Ormskirk Civic Hall.

Tickets are available from the Civic (during office hours), or at Horizons on Thursday mornings 9.30am to 11.00am.

More information from John Hardiker  
on 01704 530707 or 0791 28879 822

# From our Textile Group

AT Christmastime we have been in the habit of distributing gifts to our group members which require some work to be done, usually by about Easter time.

This year we gave everyone a 100gm ball of yarn (*beautifully wrapped of course*), and asked that they knit a square, or several squares, in a pattern of their own choice.



Having completed this main double blanket at the end of May, we have enough squares left to do a single or a couple of cot blankets.

A special thank you should go to **Ann Worthington** who single-handedly made in the region of 50ft or more of the edging. We have around 40 members in our group, many of whom contributed to this great piece of work.

We intend to pass the blankets on to the Ask Club in Skelmersdale who support families newly arrived in the UK.

● *Hiding behind the double blanket is Liz Dixon, with Alayne Trigwell on the right.*

## Crossword answers:

### ACROSS

1 Protocol; 6 Sad; 9 Let Be; 11 Contain;  
13 Swede; 14 Trader; 15 Hatred;  
19 Sable; 21 Dreamer; 22 A la mode;  
23 Serge; 24 Sot; 25 Extended.

### DOWN

2 Retsina; 3 Tie; 4 Cycled; 5 Landscape;  
6 Spade; 7 Dunce; 8 Client;  
12 Therefore; 16 Remorse; 17 Dorset;  
18 Advent; 19 Stars; 20 Beast; 23 Son.

## Puzzle answer:

**Step 1:** Take B from HQ to AVH and return to HQ with no passenger.

**Step 2:** Take A from HQ to AVH and return to HQ with B as your passenger.

**Step 3:** Take C from HQ to AVH and return to HQ with no passenger.

**Step 4:** Take B from HQ to AVH.

At steps 2 and 3, references to A & C are interchangeable.



# Christmas Social

is on

**FRIDAY, 9th DECEMBER**

at the Ministry Centre

**12 for 12.30 with a Sherry reception**

**Lunch is at 1.00pm - we finish at 4.00pm**

**Music and dancing to ROLLER COASTER**

**Tickets on sale at Horizons from 6th October**

*A message from 'Roller Coaster': On behalf of all the lads, many thanks for your kind comments and for the very warm welcome we received from all of the 'U3Aers' there on the night. We really enjoyed playing, especially as there was dancing 'from the off', which is both a very rare and also a very welcome sight for us. i.e. to know that the punters were enjoying what we were providing for them from the intro to our first number, to the last encore. Thanks also for the delicious buffet and the soft drinks, too, but most of all thanks for the booking for the 9th December, the fine details of which we can discuss later in the year. I'll contact you again in early November to make the final arrangements.*

## Ageing Better Research Project

OUR latest guests at Horizons in September ~ **Dr Dorothy Tse, Dr Nicola Van Rijsbergen and Cristina Chacon** ~ visited from Edge Hill University to update us with progress about their interesting research titled '**Ageing Better with an Active Mind**', which is aimed at promoting 'healthy ageing and behavioural change within communities'.

There are opportunities for you to be involved in the research during three Workshops.

The dates and venues for the three workshops are as follows:

**Dementia and Memory:** the

factors that affect memory during ageing and dementia: Friday, 30th September, Scout & Scout HQ, 1.30pm to 3.30pm.

**Physical Activity and Active Mind:** what are the best physical activities to keep your mind active? Friday, 21st October, St Michael's Church Hall, Church Lane. 10.00am to noon.

**Emotional Health, Ageing and the Social World:** the importance of emotional health in ageing. Friday, 11th November, St Michael's Church Hall, Church Lane. 10.00am to noon.



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**Pamela Ball**

**MINUTE SECRETARY:**

**Les Rippon**

**OTHER COMMITTEE MEMBERS:**

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**Megan Tomlinson**

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## Drama Group's next production

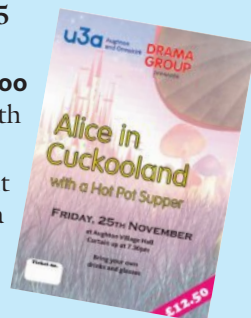
WE are currently rehearsing for our next production in November, 'Alice in Cuckoo Land', an evening of song, dance and comedy. The entertainment will include a Hot Pot supper, and with a Christmas theme, it will be a great way to begin the lead into the festive season.

We look forward to seeing everyone at Aughton Village Hall on Friday and

Saturday, November 25th and 26th. Curtain Up is at 7.30pm. Tickets will be available from Horizons from Thursday September 22nd, or by phone on 01695 227503 or 01695 578207.

'Alice in Cuckoo Land' will be our 28th production.

We aim to present two productions a year, one in mid May and the other at the





**John Tomlinson**



**Pamela Ball**



**Sheila Kierans**



**Megan Tomlinson**



**Derrick Fewings**



**Liz Dixon**



**Alayne Trigwell**



**Alex McMinn**



**Mike Rimmer**



**Paul Andrews**



**David Blanchflower**



**Bill Evans**



**Bob Carlton**



**Willem Wiechers**



**Les Rippon**



end of November. As well as taking part as a performer, group members are also involved in the construction of scenery, directing music, choreography, making costumes, lighting, sound and script writing.

Productions have included one act plays, longer plays, murder mystery evenings, as well as music and dance. Commercially produced material is used as well as that which is written by group members.

No experience in drama is needed to

join the group, only a sense of humour. Joining the group is a great way to make new friends and new members are always welcome.

We meet twice a week, Wednesday afternoon 2.15 to 4.15pm at the Scout HQ and Friday afternoon 2.00-4.00pm at Aughton Village Hall.

Please do feel free to come along if you'd like to find out more. We can guarantee you a warm welcome, fun and a cup of tea or coffee!

**LES RIPPON**



*A long life marked  
by a sense of duty*

