

## Health and Wellbeing Group January 2022

There were three interesting talks to the Patient Safety Ambassadors' Group of the Northwest NHS Innovation Agency this month.

### 1. Influenza Test and Treat Pilot Project

This was intended to be carried out in two local areas, The Wirral and Calderdale, however it has had to be deferred until the autumn in readiness for the next flu season as the increase in Covid in the area meant that resources had to be allocated accordingly.

The idea of the project is to try to improve the management of flu in vulnerable patient groups in the community, by clinical diagnosis and then treating with antivirals if the patients test positive, thus reducing hospital admissions.

### 2. Mental Health Safety Improvement Programme

This project currently has three arms

- Aiming to reduce the use of restraint in inpatient mental health care settings, be it physical restraint, the use of rapid tranquillisers or improving verbal communication with patients.
- Evaluating the use of devices for diagnosing ADHD more rapidly.
- Improving the response time to help patients diagnosed with eating disorders.

### 3. Lipid Management

Work is being done in several areas of the Northwest to improve cholesterol control in patients who have had a cardiovascular event such as a heart attack or a stroke, those who are considered high risk to have such an event, and those with Familial Hypercholesterolaemia (an inherited condition whereby cholesterol is raised from a young age).

The group is being asked to contribute to the project by proof reading some of the written material that would be provided to patients, describing their understanding of the way the lipid-lowering medication works, discussing their preferences for different types of consultation and reviewing a lipid management mobile phone App that is in development. This will then be discussed again at the next meeting.

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