

STATEMENT Lorna McDade

I have been a member of Aughton & Ormskirk U3A for approximately 17 years. In this time I have been a member of ten different groups and have been the Co-ordinator of the Tuesday Pilates group since its inception.

Over the years, as a member, I have met and made friends with many people who otherwise, I would probably never have met. The organisation means a great deal to me and if, by becoming a Trustee, I can help foster the spirit of self-help and community I would feel it very worthwhile.