Working with the North West Coast NHS Innovation Agency February 2021

Unfortunately, I was unable to take part in the February meeting of the Patient and Public Involvement Group, but the meeting notes were published enabling me to provide a brief resume of the meeting.

NHS ORB. The NHS ORB App is being launched across Lancashire and South Cumbria as a pilot for a national primary care interface for citizens and individuals to access digital services.

The website for the Google Playstore, from where the App can be downloaded, (or it can also be downloaded from the Apple Playstore)

https://play.google.com/store/apps/details?id=com.orbuniverse.superorb.nhs.production&hl=en_GB&gl=US

On the website, it states that:

'The NHS ORB app is free to download and has no subscription charges, it is a portal designed for people and patients to access health and well-being apps and websites to get things done online, and better manage their own health needs. The NHS ORB app centralises digital services for a person to use, there will be many key services available at download for all people to access but a person will have the ability to customise and add other apps or website relevant to their personal situation, ensuring the app is relevant and adaptable to an individual's requirements.

The NHS ORB app platform provides immediate access to services that are already available, some of the core services that will be available at download include:

- Access online book a GP appointment service.
- Personal health records enabling a person to see their own health information and history.
- 111 Online Get advice on where to go for help and when, or a call back from a nurse.
- Conveniently order a repeat prescription without the need to visit the doctor.
- Access advice and guidance available to help get piece of mind or the right assistance.
- Many other resources from ways to manage a cold or the flu to quick guides to treating a cuts or grazes. manage their own conditions or health requirements. The app is about enabling a person with the ability to identify and align the right services for their own needs. The NHS ORB is a uniquely designed circular interface which is easy to navigate and control but also intuitive to use, leveraging the many digital services available across the UK the ORB will provide a compelling digital space where a person can find and use many digital health & wellbeing services. In one place.

The NHS ORB app creates a way of organising digital services in an intuitive and easy to use interface.'

https://www.youtube.com/watch?v=69CqhI-b49s

There was also a presentation on the use of visual therapy via Virtual Reality as an aid to dementia care, but at present the content of this remains confidential.

Julia Bate February 2021